



## **January 2022 UPDATED COVID Guidelines**

### **If you test POSITIVE for COVID:**

#### **Isolate**

#### **Everyone, regardless of vaccination status:**

- Stay home for at least 5 days
- Stay home if you have symptoms. If you have a fever, continue to stay home until your fever resolves.
- If you have no symptoms or your symptoms resolve, you can leave your house after a minimum of 5 days of isolation.
- Continue to wear a mask around others for 5 additional days after you leave isolation.

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### **If you have been EXPOSED to COVID:**

#### **Quarantine Procedures**

#### **If you are VACCINATED:**

IF YOU: have been boosted

**OR**

Completed the primary series of Pfizer or Moderna vaccine within the last 6 months

**OR**

Completed the primary series of J&J vaccine within the last 2 months

#### **YOU SHOULD:**

- \* Wear a mask around others for 10 days.
- \* Test on day 5, if possible
- \* If you develop symptoms at any time, get tested and stay home.

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#### **If you are NOT FULLY VACCINATED:**

If you: Completed the primary series of Pfizer or Moderna vaccine more than 6 months ago and are not boosted

**OR**

Completed the primary series of J&J More than 2 months ago and are not boosted OR are unvaccinated

#### **YOU SHOULD:**

- \* Stay home for 5 days.
- \* Wear a mask around others for 10 days.
- \* Test on day 5, if possible.
- \* If you develop symptoms at any time, get tested and stay home.